COVID-19 Resources

What if you are QUARANTINED with your abuser?

Reach out for the help you need. We are here. Law Enforcement is continuing to respond to calls. **Hotlines and shelters will remain open.** People impacted by sexual and domestic violence can **still access the support of an advocate during a sexual assault forensic exam, when requesting a relief from abuse order, and for help accessing other crucial resources.** Member organizations of the Vermont Network are putting systems in place to be able to provide remote advocacy as much as possible, using phone, video and other strategies to connect with and support people who need help.

Contact your [local organization](http://vtnetwork.org/) for more information about how they are responding, and continue to refer people impacted by sexual and domestic violence to call the [local hotline](http://vtnetwork.org/).

**Housing:**

If you are in need of Emergency shelter:

- Contact your [local member organization](http://vtnetwork.org/)
- Call your local [Economic Services Office](http://vtnetwork.org/)
- Call 2-1-1 for after-hours support

If it is safe to do so, visit [https://vtnetwork.org/](https://vtnetwork.org/) for more information. Contact the Domestic Violence Hotline at **800-228-7395** or the Sexual Violence Hotline at **800-489-7273**.

Message from the Vermont Network Against Domestic and Sexual Violence:

As things are rapidly changing in response to the COVID-19 virus, we want to assure you that our staff are still working to support survivors and member programs each day.